

## NEWS RELEASE

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## University of Saint Mary Lady Spires Goalie Earns KCAC Defensive Soccer Player of the Week Honors

(Leavenworth, Kan.)—USM freshman Alex Rist has been named women's soccer defensive player of the week by the Kansas Collegiate Athletic Conference (KCAC) for her stellar play for the Saint Mary Spires at the William Penn Classic in Iowa over the weekend.

Rist, a goalkeeper out of Millstadt, Ill., played a combined 155 minutes for the Lady Spires during the William Penn tournament. In the first game, Rist played one half against host William Penn, allowing no goals and making three saves. In the Lady Spires next game against Illinois College, Rist allowed no goals and made 16 saves in the double-overtime draw.

“Alex had a very good weekend in Iowa” said USM Head Soccer Coach Derek Mazeitis. “She and the rest of the defense held strong. Alex is very deserving of this recognition, and she continues to improve with each game.”



**Alex Rist**

The Lady Spires are currently 1-1-2 overall on the young season. KCAC conference play doesn't get underway until October.

The USM Women's Soccer Team's next game is at home against Oklahoma Wesleyan University at 3 p.m. Thursday, Sept. 15.

Saint Mary has 12 varsity sports programs—football, volleyball, baseball, softball, men's and women's basketball, men's and women's soccer, cross country, and track & field—along with co-ed cheerleading and dance. Visit [www.gospire.com](http://www.gospire.com) to learn more about USM athletics.

*The University of Saint Mary is a Catholic co-educational applied liberal arts university founded and sponsored by the Sisters of Charity of Leavenworth. The University of Saint Mary is located at 4100 South 4th Street, Leavenworth, Kan., with additional locations in Overland Park and Kansas City, Kan. Visit [www.stmary.edu](http://www.stmary.edu) for more information.*

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